



Your feet don't have to hurt!

Foot & Ankle Pain Workshop

Presented by Dr. Lisa Allen, PT
Tuesday July 26th, 2016 • 6-7 pm

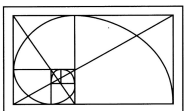


Presented by a locally
famous Foot & Ankle
Specialist!

- Do you suffer from pain when you stand and/or walk?
- Are you unable to get through your work day without your feet killing you?
- Do you have pain after arising in the morning, after sitting, or after driving?
- Is it difficult for you to find shoes that are comfortable? Are you stuck in sneakers or ugly shoes?
- Are you unable to do activities you want? Like running, walking or going on vacation?
- Are you afraid your pain will get worse if you don't do anything about it?
- If you have answered YES to any of the above questions (or have a stubborn spouse who is in denial) - the Foot & Ankle Pain Workshop may be a life changing event for you...

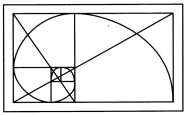
"I have been to several physical therapists and no one was able to help my foot pain. Then I found BioMechanic Physical Therapy. Finally, I can move on with my life and not be grouchy because I was in pain all of the time! The pain that was so intense is gone." — PM

Call today to reserve one of the 20 seats available!
Telephone (703) 723-7726



BioMechanic Physical Therapy

19441 Golf Vista Plaza, Suite 340, Lansdowne VA 20176
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Foot & Ankle Pain can completely ruin your life – We have seen it many times. And less movement and less enjoyment of life can lead to depression, increased stress and a sedentary lifestyle (mostly sitting ... not moving much) which leads to bigger health problems, and life problems. Foot pain can prevent you from doing the exercise your heart doctor recommended.

Here at BioMechanic PT, our Doctors of Physical Therapy have helped hundreds of people from right here in Leesburg, and the rest of Loudoun County (actually some people drive for hours or even fly in to see our Foot & Ankle Specialists) who have suffered needlessly with pain -- because it is our specialty.

- It can ruin your vacation plans or make you unable to travel for work.
- It can make you unable to walk down the aisle with your daughter, or to dance at your child's wedding.
- It can take your focus away on enjoying your life...like spending time with your children or grandchildren.
- It can mess up your work or force you to change jobs or careers.
- It can take away your ability to live life by forcing you to rely on others.
- It can make you be the one to slow the group down while they wait for you because you walk slow.
- It can prevent you from doing the sports you enjoy — like jogging, court sports, or taking long walks.

If you're confused about what to do and are looking for answers, here's some of what you'll learn:

- The Single Biggest #1 easy fix that can reduce your pain almost immediately.
- The Most Common causes of Foot & Ankle Pain
- A Sure-fire way to pick the right treatment for the cause of your pain (Saving you time & money)
- Which types of pain must have surgery and which types of pain can be treated without surgery.
- What successful treatment and permanent relief looks like without the side effects of medications, injections or surgery.

How Do I Register for the Foot & Ankle Pain and Workshop? Call our office to register at (703) 723-7726. When you register we will mail you a worksheet which you will bring with you to the event. We only have 20 seats available for this event and this invitation will be mailed to 3090 people in the Leesburg area.

All 20 attendees for the Foot & Ankle Pain Workshop will receive a Special Report as well as the transcript of the event. This event is free but it is limited to the first 20 people to register. When you register you can bring a guest (we do this because many people request to bring their spouse or other family or friend).

Call today to reserve one of the 20 seats available!
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